

# Calm and Sense Gift Guide

## WEDDING GIFTS

**Fountains**—choose from one-of-a-kind fountains that are made of fused glass that glow with brilliant color, or unique New England creations of stone and wood

**Robes**—get the newlyweds his-and-hers plush robes and heatable slippers and keep them from fighting over them!

**Tea Kettles**—our tea kettle brews water to just the right temperature for delicate herbals and whites, or more robust black teas, in under 60 seconds. Add some unique teas and a glass tea pot for a truly beautiful and useful gift

**Massage for two**—our Lover's Guide to Massage, body butters and music CDs will help the newlyweds keep the romance going. Throw in a candle (either scented or unscented) for a romantic glow as well

## TEACHER GIFTS

**Ceramic plaques**—let them know how much you value their role in your child's life with a keepsake plaque with thoughtful words like "Inspire", "Dream", "Grow Peace", and "Discover"

**ABCs of Chocolate**—a Burst of Blueberry, Cherry and Cranberry covered with Chocolate rates an "A" in any teacher's book!

**Journals**—have the class members include a drawing or short entry of memorable moments or life lessons from the year and make this a keepsake for that dedicated teacher

## GRADUATION & JOB CHANGES

**Paperweights**—beautiful and eloquent keepsake paperweights carry messages of encouragement like "It's never too late to start your life over" and "What would you attempt to do if you knew you could not fail?"

**Quotation Stones**—when words fail you, let our stones bring inspiration such as "Wealth is the ability to fully experience life" or "Follow Your Bliss" and "It takes courage to grow up and become who you really are"

**Office Feng Shui and Office Spa Books**—learn to create harmony and keep stress away in that new office

## STUDENT CARE PACKAGES

**Chocolate**—what stressed student couldn't use a little chocolate to get through exam week? Whether it's covered pretzels, truffles, or chocolate almond barks, we have the right answer!

**Shower Steamers and Bath Bombs**—let these aromas heal and energize your tired scholar

**Sweet Dreams**—combine Dreamerz chocolates (with melatonin) with a music CD and lavender-filled bunny (or bear or lamb) and ease the fatigue of too many late night study sessions

## HOUSEWARMING GIFTS

**Salt Lamps**—carved from the mountains of Pakistan, no two lamps are alike but all bring a soft glow and warm touch to a new home

**Fountains**—choose from one-of-a-kind fountains that are made of fused glass that glow with brilliant color, or unique New England creations of stone and wood

**Nightlights**—add a touch of color to a conventional night-light, with fused glass in a variety of shapes and sizes

**Art Stones**—christen the new house with hand-made stones proclaiming "Family Friends Home Happiness"

**Bath soaks**—moving day is sure to bring aches and pains, so give a fragrant bath bomb or jar of salts or soaks, and ease those tired muscles

## HOSTESS GIFTS

**Candles**—add warmth and a glow to the gracious host's home with either a scented or unscented candle

**Chocolates**—they will say Thank You right back for your gift of chocolate covered blueberries, cherries or cranberries

**Teas, Cocoas and Chais**—smooth and soothing, rich chocolate and delicate herbs, come find warmth and flavor that will end the perfect meal or visit

## NEW MOM OR MOM-TO-BE

**Lotions and handmade soaps**—ease those tired feet and minimize stretch marks with healing shea butter lotions in a choice of scents

**Sweet Dreams**—combine Dreamerz chocolates (with melatonin) with a music CD and lavender-filled bunny (or bear or lamb) to counter the fatigue of late nights or fussy days

**Heatable slippers, wraps and pillows**—wrap her in toasty warmth to relax her muscles and envelop her in the scent of spices, lavender or eucalyptus

**Journals**—help her capture and chronicle her amazing journey to motherhood with a beautiful journal

## THE WEARY "ROAD WARRIOR"

**Travel Fleece and Pillow**—no more airline blankets and pillows (when was the last time those were washed?) when you can bring your own comfy, warm and clean microfleece blanket set

**Lavender Travel Amenity Kit**—approved sizes of shampoo, body lotion, conditioner and shower gel let you take the calming scent of lavender on the road to ease jet lag with a good night's sleep

**Dreamerz Chocolates**—counter jet lag with a delicious chocolate treat that includes melatonin, nature's own sleep aid

**Travel Yoga Book**—follow these simple stretches and exercises to relax while on the plane, train or automobile or in the hotel room at night



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